



## ISSA HIGH SCHOOL SINGLEHANDED CHAMPIONSHIP

For the  
**CRESSY TROPHY**  
Chicago Yacht Club  
October 28-30, 2011



# SAILING INSTRUCTIONS

## 1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* 2009-2012 including Appendix P as modified by ISSA procedural rule 14(c), and the prescriptions of US Sailing.
- 1.2. The Interscholastic Sailing Association of North America (ISSA) Procedural Rules, the ISSA Cressy Championship Conditions, the Notice of Race, and these Sailing Instructions will apply.
- 1.3. In the event of a conflict between the governing documents and these Sailing Instructions, the latter shall take precedence. This changes RRS 63.7.
- 1.4. The Organizing Authority is the ISSA and the Chicago Yacht Club.

## 2. NOTICE TO COMPETITORS

Official notices including changes to sailing instructions will be posted on the official notice board located in the Sailing Activity Center. Changes to the sailing instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

## 3. SIGNALS MADE ASHORE

- 3.1. Signals made ashore will be flown from the flag pole located on the patio of the Chicago Yacht Club, Belmont Station.
- 3.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

## 4. SCHEDULE

### Friday, October 28

1200-1600 Competitor registration  
1200-1630 Individual practice  
1430 First warning, practice race

### Saturday, October 29

0830 Competitor check-in  
0900 Competitors meeting  
1030 First warning  
1900 Dinner

### Sunday, October 30

1000 First warning  
1500 No race will start after this time

## 5. COURSES AND MARKS

- 5.1. The race committee may designate course selection orally.
- 5.2. The diagrams in Appendix A show the courses that may be sailed.
- 5.3. Starting and turning marks will be orange inflatable shapes. The finish mark will be a white inflatable ball.

## **6. RACING AREA**

The racing area will be off of Belmont Harbor.

## **7. CHECK IN**

Before the warning signal of the first race of each day, each boat shall sail past the stern of the race committee signal boat on starboard tack and hail her sail number and class which will be acknowledged by the race committee.

## **8. START AND FINISH**

- 8.1. The start line will be between a staff displaying an orange flag on the race committee signal boat and a staff displaying an orange flag on the race committee pin boat.
- 8.2. The finish line will be between a staff displaying an orange flag on a race committee boat and the white finish mark.
- 8.3. When the I flag rule is in effect, the race committee may attempt to hail the sail number(s) of boats on the course side of the starting line or its extension during the minute before her starting signal and may continue to hail after the starting signal. Failure of the race committee to hail, failure of the amplification system, the order of the hails, or failure of a boat to hear a hail shall not be grounds for a boat to request redress. This instruction changes rule 41 and 62.1.

## **9. BREAKDOWNS**

- 9.1. Breakdown requests shall be filed in the same manner as protests.
- 9.2. Breakdowns shall be scored in accordance with **ISSA PR 9(f)**. Compensation shall be consistent with ISSA PR Appendix 3.

## **10. PROTESTS**

- 10.1. Protests procedure will be in accordance with **ISSA PR Part VI**.
- 10.2. Competitors shall not communicate with a coach before reporting to the race committee their intent to protest.
- 10.3. On the last scheduled day of racing, a request for reopening a hearing shall be delivered (a) within the protest time limit if the requesting party was informed of the decision on the previous day; (b) no later than 30 minutes after when the requesting party was informed of the decision on that day. This changes rule 66.
- 10.4. On the last scheduled day of racing, a request for redress based on a protest decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.
- 10.5. A competitor must submit a written request to be a party to a redress hearing no later than 15 minutes after the request for redress has been posted.
- 10.6. Decisions of the protest committee will be final as provided in Rule 70.5

## **11. CLASS FLAGS**

The following class flags will be raised at or before the warning signal for each fleet:

- Laser Full Rig – Numeral Pennant 1
- Laser Radial – Numeral Pennant 2

## **12. SCORING**

The race committee will attempt to run 18 races. Three races will constitute a regatta.

## **13. COACHING**

- 13.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 13.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or on the water near the Chicago Yacht Club vessel Carrier V.

## **14. SAFETY**

- 14.1. Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets are not permitted.
- 14.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

## **15. TROPHIES**

- 15.1. Prizes will be awarded to schools placing 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in the regatta. The top school will have its name engraved on the perpetual Cressy trophy.
- 15.2. Trophies will also be awarded to first place skipper in both the full rig and radial fleets.

## **16. DISCLAIMER OF LIABILITY**

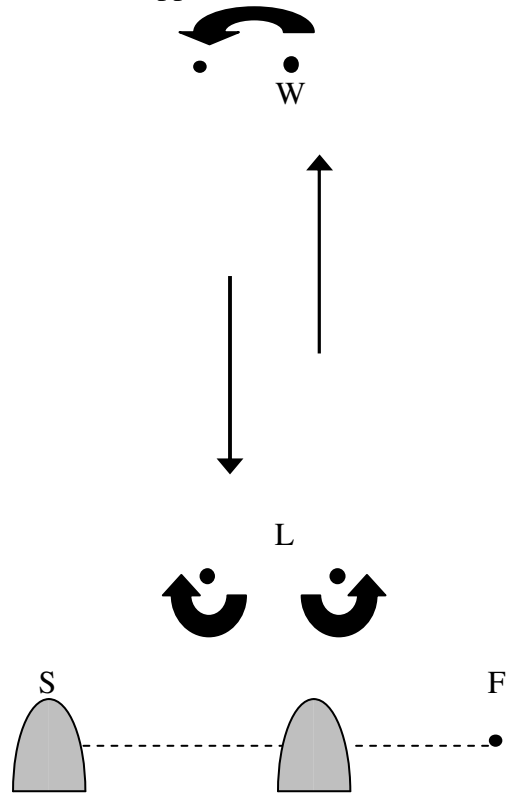
Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **17. RIGHTS TO USE NAME AND LIKENESS**

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

Appendix A

**Windward-Leeward**  
Start-WL # of legs-Finish



**Trapezoid**  
Start-1-2-3-4-Finish

